

**2008-2009**



**Region 198**

**Clearfield, Clinton, Hill Air Force Base,  
Sunset and West Point.**

**Website  
[www.ayso198.org](http://www.ayso198.org)**



Dear Parents,

On behalf of the regional board members of AYSO Region 198, I would like to welcome everyone!

The number one priority of Region 198 is to provide a positive soccer experience for kids. There is an incredible amount of work involved in accomplishing that goal for nearly 1200 registered players and we depend entirely on the efforts of volunteers. There are always too many jobs to fill and not enough people to fill them. Coaches, referees, linesmen, team moms, board members...the opportunities to help out are countless. Each one who volunteers is guaranteed the same fantastic reward for your time and dedication. That reward can be found each Saturday out on the fields. Look at the smiles of the children. In those smiles you will receive the gratification in knowing that the time you spend with AYSO is providing a quality soccer program for our communities' youth. I strongly encourage you to get involved. Talk with any of the volunteers to see how you can help. Remember, our player program is only as strong as the strength of our volunteer program!

Our goal is to not only teach the game of soccer but to also teach life lessons. Not every child who plays soccer will become a professional soccer player, but one thing is for certain, they will grow up to become professionals in other areas. It is how we, as an organization, support and nurture those children that will determine if we have been a success or not.

I want to thank all of the volunteers that make Region 198 so successful. I appreciate each coach, referee, team parent..... every volunteer! I want to give a special thanks to the members of the Regional Board. My words can not express how grateful I am to each one of you.

Whether you are a player, or a parent, new to the game, or with a lifetime of experience, we want your input. What is good about our program? What could be improved, and how? We are committed to making this the best youth sports program in the area, and can only improve with your help.

"Each day of our lives we make deposits in the memory banks of our children." Let's make those memories happy ones!

See you out on the pitch!

**Shannon Hawkins**  
Regional Commissioner

# IMPORTANT NUMBERS

<b>Regional Commissioner</b> Shannon Hawkins	801-603-1656	rc@ayso198.org
<b>Regional Coach Administrator</b> Joel Barraza		rca@ayso198.org
<b>Regional Referee Administrator</b> Brendon Gallego	801-774-6194	rra@ayso198.org
<b>Regional Safety Director</b> Steve Campbell	801-920-5050	safety@ayso198.org
<b>Regional Registrar</b> Pam Furniss		registrar@ayso198.org
<b>Regional Treasurer</b> Carol Huddleston		treasurer@ayso198.org
<b>Division Coordinators</b>	<b>Birth Date</b>	
U5 Boys (Age 4)	8/1/03 – 7/31/04	u5boys@ayso198.org
U5 Girls (Age 4)	8/1/03 – 7/31/04	u5girls@ayso198.org
U6 Boys (Age 5)	8/1/02 – 7/31/03	u6boys@ayso198.org
U6 Girls (Age 5)	8/1/02 – 7/31/03	u6girls@ayso198.org
U8 Boys (Ages 6 & 7)	8/1/00 – 7/31/02	u8boys@ayos198.org
U8 Girls (Ages 6 & 7)	8/1/00 – 7/31/02	u8girls@ayso198.org
U10 Boys (Ages 8 & 9)	8/1/98 – 7/31/00	u10boys@ayso198.org
U10 Girls (Ages 8 & 9)	8/1/98 – 7/31/00	u10girls@ayso198.org
U12 Boys & Girls (Ages 10 & 11)	8/1/96 – 7/31/98	u12@ayso198.org
U14 Boys & Girls (Ages 12 & 13)	8/1/94 – 7/31/96	u14@ayso198.org
CO-ED (Ages 14 -18)	8/1/89 – 7/31/94	coed@ayso198.org
<b>Area Director</b> Dave Soelberg		area9rdirector@yahoo.com
<b>Section Director</b> Dave Oram		aysosd9@msn.com
<b>National</b>	1-800-USA-AYSO	www.soccer.org

Age divisions are determined by your child's age as of July 31<sup>st</sup> 2008.



# PARENT'S GUIDE TO AYSO SOCCER

**5 Philosophies-** Everyone Plays, Balanced Teams, Open Registration, Positive Coaching, and Good Sportsmanship

**2008/2009 Season-** Our playing season is divided into fall and spring. Your child is assigned to the same team for both seasons. The registration fee covers BOTH of these seasons as well as a full uniform, National AYSO player fee, supplemental insurance, player awards and other regional expenses. Weather permitting, games will be played for 8 weeks beginning August 23rd and ending October 18<sup>th</sup>. No games will be played August 30<sup>th</sup> for Labor Day weekend. Eight more games will be played in the spring. You should be contacted around the second week of August by your child's coach to let you know where practices will be held. If you have not been contacted by the middle of August, please call the appropriate division coordinator.

**The Coach-** You can help your child's coach by offering to help and thanking the coach for their time and interest in your child. The coach is a volunteer and you should have your child to practice on time with the proper equipment. Please pick your child up on time so that coach can continue his/her busy schedule.

**The Referee-** The referee is entitled to the highest respect. His/her opinion (and there will be differences of opinion) shall be accepted without complaint. Some referees have no children in the program but still volunteer their time to help. The region is always in need of referees. If you are interested please contact the Regional Referee Administrator.

**The Board-** The region is organized by a group of approximately 30 individuals who volunteer their time to provide this great experience for your child. We are always in need of volunteers. Even if you only have a few hours to give, please contact the Regional Commissioner.

**Regional Philosophy-** The goal of Region 198 and the AYSO organization is to encourage the growth of soccer and promote positive child development. Although everyone engaged in sporting competition should have the desire to win, this desire should not be pursued to the exclusion of good sportsmanship, fair play and participation.

AYSO is a parent based volunteer organization providing a soccer program for all children regardless of experience or skill level. Registration of your child in our program implies responsibility to the team and adherence to the five philosophies of AYSO.

**Laws of the Game-** Soccer is governed by 17 laws. Information on these Laws are available at the referee clinics or on the region web-site.

**Uniforms-** Every registered child will receive a complete uniform, which includes a shirt, shorts, and socks. These are to be worn at every game and are yours to keep. For extreme sizing problems or defective product, contact your coach immediately. Defective uniforms will be returned to our vendor.

**Shin guards-** Shin guards are required at **every** practice and game. Coaches and referees cannot allow a child to play without them.

**Socks-** Socks must be worn on the **outside** and completely cover the shin guard.

**Shoes-** We recommend soccer shoes, low-sided shoes with rubber or plastic molded cleats (No toe cleats). Please make sure shoes can be tied and are comfortable to run in and give support. (Cleats are not required)

**Ball-** Your child should bring a ball to practice. Many drills require each child to have a ball. Ball size depends on age. U-5, U-6, and U-8 use ball size 3. U-10 and U-12 use ball size 4. U-14 and up use ball size 5.

**Jewelry-** Players are not allowed to wear anything that is dangerous to either themselves or other players. This includes **all** jewelry. Piercing must be removed and cannot be taped.

**Casts-** For the safety of all children, any one required to wear casts or splints of **any** kind (permanent or removable) are unable to participate in any AYSO function. The child must bring a medical release from the child's physician to resume practices/games.

**Sportsmanship-** AYSO encourages healthy and positive sports competition, within a regulated framework. It is not our desire to instill the “killer instinct” in the child, but to foster physical fitness, knowledge of the sport, agility, and quick thinking. Dangerous play or abusive language to coaches, players, or referees will not be tolerated.

**Bad Weather-** Please show-up at all games regardless of weather conditions. Comfort of the spectators is not considered when canceling games. Games will be canceled by each individual coach or referee for safety of the players, or if playing will impact the field. We use fields that belong to the schools or the city and we wish to leave the field in better condition than we found them.

**Accidents-** Accidents **must be reported within 24 hours.** The Soccer Accident Insurance may apply after a \$200 deductible. Contact the regional Safety Director for any question. Accident forms can be found online at [www.soccer.org](http://www.soccer.org).


**Practice Location and Attendance-** As all of the coaches in AYSO are volunteers, practice times and locations are scheduled at the coach’s convenience during the week.

**Fields-** Each team should make an effort at both practices and games to leave the field cleaner than they found it. **Please pick up all litter before you leave.**

**No Dogs Allowed -** Dogs are not permitted on the soccer fields at any time, even if on a leash. Not only do the School District and City Parks we use have a no animal policy, it is necessary for the safety of our players that pets stay at home. Many children have been bitten by a “normally gentle” dog. Your cooperation is necessary to maintain safe environment for our children. This includes during practices as well as games.

**Alcohol & Tobacco -** The use of tobacco products and alcohol is prohibited at all AYSO activities where children are present.

**Special Requests-** Each season all players in each age group are divided into teams so as to evenly balance the teams without regard to previous team affiliations. Requests will be limited to one player. For the request to be considered, each player must request the other in writing on the registration form. Special requests are not guaranteed. Coaching requests will not be allowed with the exception of their own child.

**VIP Program-**  VIP provides a quality soccer experience for children – and adults – whose physical or mental disabilities make it difficult to successfully participate on mainstream teams. For more information on the VIP program, contact the VIP division coordinator.



**Sideline Etiquette-** AYSO soccer encourages positive self-esteem, discipline, personal responsibility, teamwork, acceptance of and learning from disappointment and success, as well as perseverance. It is also an enjoyable game to watch as well as to play. We believe that quality soccer can and should be developed, and that it can and should be fun. Therefore, the emphasis of our program is not on who wins but how the players and teams develop, and most importantly, did they have fun in doing so? We want all participants to reach their full, *age-appropriate* potential and to enjoy themselves in the process.

The area off the field that the spectators for U10, U12, U14 and coed teams occupy is on the same side of the field as your own team’s, separated by a technical area from the players and coaches. Spectators should be no closer than two yards from the touch line, and should not be into the penalty areas. Under no

circumstances will anyone be allowed behind the goal lines. Familiarize yourself with these field markings and remain within the area defined. For teams in the U8 division, teams and their spectators should be on opposite sides of the field from each other. U5 and U6 parents and players may sit on the same sideline.

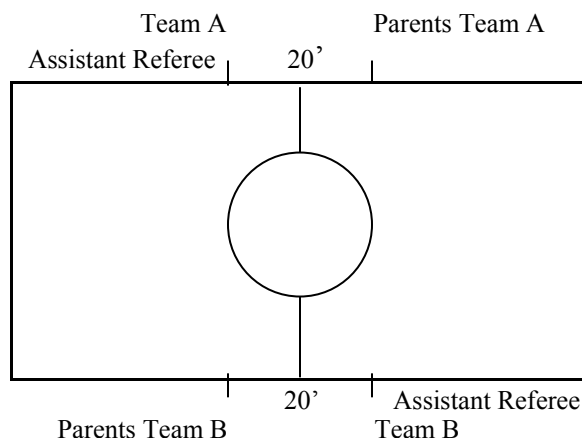
Allow the coach to be the sole source of coaching during the match, communicating tactical or technical adjustments to the players. As a coach, be sure that your coaching during the match is limited to positive, instructional or encouraging comments. Giving play by play instructions to all players thwarts their ability to put into effect the lessons you have stressed in practices and disallows them the opportunity to think on their feet.

The area off the field that the coaches occupy is called the "technical area" and is on your own team's side, no closer than one yard from the touchline, and up to ten yards from either side of the halfway line. The "technical area" is limited to the head coach and one assistant coach for that team. Not only are these to be the only persons occupying the "technical area," they are the only persons who may coach (give tactical or technical information) during the course of the match.

An important aspect of the AYSO program is *Sportsmanship*. Our children need to experience:

1. The fun of hard fought but fair competition
2. Winning graciously
3. Losing graciously
4. Improving one's abilities through practice
5. Learning the social skills involved in being a member of a team, *and*
6. Acknowledging good play by teammates as well as opponents

One of the ways in which our children can learn and continue to have these experiences is by our demonstration of good sideline behavior. *Our children learn by watching, and imitating our conduct.* Keep a positive outlook and demonstrate it by supporting the coaches, players and referees, in spite of any mistakes they may make during the course of a match.



## SPORTSMANSHIP AWARD

ONE team in EACH division, U8 through Co-ed, will receive a pizza party as a reward for outstanding sportsmanship. All players on teams meeting the sportsmanship award criteria will receive a certificate. In the event that an area tournament is held only teams meeting the sportsmanship criteria will be considered for tournament play. Awards will be given based on the following criteria.

**Coach**- Fully Trained and Registered Coach – Volunteer Registration Form filled out correctly, completely and turned in; Safe Haven Certification completed; and age appropriate Coach Training course(s) completed; Attends Mandatory Coach Meetings.

**Assistant Coach** - Fully Trained and Registered Asst. Coach – Volunteer Registration Form filled out correctly, completely and turned in; Safe Haven Certification completed; and age appropriate Coach Training course(s) completed.

**Team Parent** - Registered Team Parent – Volunteer Registration Form filled out correctly,

completely and turned in; and Safe Haven Certification completed.

**Referee** - New Referee trained from your team that referees at least 2 games.

**Evaluation Forms** - All Player Evaluation forms are turned in at Spring Registration.

**Game Day Sportsmanship** - Each referee will fill out a game card and turn it in. Referees will note the sportsmanship of coaches, players and parents. If no referee is available for the game EACH coach is asked to make a game report to the Regional Commissioner.



## VOLUNTEERING

In order to provide the quality program our kids deserve, we need YOU! Following is a list of opportunities for you to consider. All volunteers will receive instructions for selected jobs. Remember: **No Previous Experience is Necessary!**

**Coach**- One of the most rewarding opportunities. First time AYSO coaches must attend clinic.

**Assistant Coach**- Assists the team coach during practices. You will learn a lot about soccer and coaching, and enjoy working with the players.

**Referee**- Must attend a Referee Training Class. Shirt provided by the Region. Contact the Regional Referee Administrator if you're interested. You will learn the rules of soccer and how to conduct the game, and enjoy participating in the game with the players.

**Assistant Referee**- Assists the referee, calling the ball in and out of play, and offside. Must attend a Referee Training Class. Shirt provided by the Region.

**Team Parent**- Administrative assistant to the coach. The Team Parent is the primary communicator between the coach and the parents. Oversees and coordinates other parents in several areas: Refreshments, Parties, Telephoning information, and anything else that pertains to the specific team. Coaches greatly appreciate a committed volunteer to fill this position.

**Game Day Refreshments**- Generally, each family is assigned a specific game to bring

refreshments. Also, coaches and referees appreciate being offered refreshments, so please bring a little extra. Usually the coach's family is exempt from bringing refreshments.

**OTHER POSITIONS ARE AVAILABLE. IF INTERESTED, SEE THE REGIONAL COMMISSIONER TO VOLUNTEER. YOUR PARTICIPATION IS GREATLY APPRECIATED!**



# REFEREE'S GUIDE TO AYSO SOCCER

The Region, Area and Section will provide **all** the training needed for you to feel comfortable refereeing on Saturdays where you will be making the experience of playing soccer better for the children. We can not run a quality soccer program for your children without your willingness to volunteer.

## **REFEREE INCENTIVE PROGRAM -**

Referees will receive gifts of appreciation as a thank you for their service to the region. (Contact the Regional Referee Administrator for details)

**Requirements-** To referee with AYSO soccer, you are required to do the following:

- Complete a volunteer form **each** year
- Attend a referee class.
- Complete Safe Haven training.

**Referee Clinics:** Please check the region website [www.ayso198.org](http://www.ayso198.org) for training opportunities.

### **Referee**

Age:	Minimum age 10
Experience:	None
Course:	Referee Course
Testing:	66% or higher on the Referee Exam
Field Assessment:	None
Fitness Test:	None
Service Requirement:	None

### **Regional Referee**

Age:	Minimum age 12
Experience:	None
Course:	Regional Referee Course
Testing:	75% or higher on the Referee Exam
Field Assessment:	None
Fitness Test:	None
Service Requirement:	None

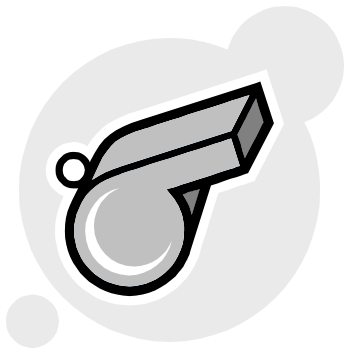
### **Intermediate Referee**

Age:	Minimum age 14
Experience:	25 games as referee, minimum of 5 games in U-12
Course:	Area Referee Course
Testing:	90% or higher on the Area Referee Exam
Field Assessment:	No formal assessment required, however, 1 observation by a Referee Mentor as a referee is required and 1 as an assistant referee is recommended
Fitness Test:	None
Upgrade Recommendation:	Regional Referee Administrator or Regional Director of Referee Assessment
Service Requirement:	None
Authorization Required:	Area Referee Administrator or Area Director of Referee Assessment

### **Advanced Referee**

Age:	Minimum age 16
Experience:	50 games as referee, minimum of 10 games in U-14 and 5 as assistant referee in U-14
Course:	Section Referee Course
Testing:	90% or higher on the Section Referee Exam
Field Assessment:	1 as referee, and 1 as assistant referee in U-14
Fitness Test:	Successfully complete current physical fitness test for this level
Service Requirement:	5 service units
Authorization Required:	Area Referee Administrator or Area Director of Referee Assessment

*If you or someone you know would like to become a certified referee, please contact our Regional Referee Administrator.*



## COACHES' GUIDE TO AYSO SOCCER

**PLEASE let your parents know who you are and where you can be reached.**

The Region, Area and Section will provide **all** the training needed for you to feel comfortable coaching on Saturdays where you will be making the experience of playing soccer better for the children.

We can not run a quality soccer program for your children without your willingness to volunteer.

**Requirements-** To coach with AYSO soccer, you are required to do the following:

- Complete a volunteer form **each** year
- Take a Safe Haven course
- Attend 2 mandatory coaches meetings (fall and spring)

**Equipment-** Each coach will be issued a soccer ball, sports bag, whistle, folder and age specific manual.

**Mandatory Semi-Annual Coaches Meetings-** 2 meetings will be held during the first or second weeks of August and March. Dates, times and locations will be announced.

**Safe Haven-** Safe Haven is a required course and must be completed **before** you can coach in the AYSO program. It is now offered as an on-line course. Please go to the region web-site and you will find a link.

**Registration Forms -** Coaches must have a registration form for each player on the team (Medical Release) – **Board members will be performing spot-checks for registration forms (a.k.a. white forms) throughout the season. Should any board member ask you for these forms you must provide them immediately! If you cannot produce the forms, the event (training session, game, etc.) will be immediately terminated and parents must be contacted to retrieve their children.**

**Age Specific Coaching Clinics-** Will be held in August and March. Dates, times and locations will be announced.


Visit the region website [www.ayso198.org](http://www.ayso198.org) for up to date information on when and where coaching clinics and meetings will be held.

*If you would like to volunteer to be a coach or if you have any questions, please contact the Regional Coach Administrator.*

# NOTES ON SAFETY

Remember it is every parent, player and volunteer's responsibility to think of safety first. We are here to ensure that the players have fun and build skills. If you see anything questionable, please contact your division coordinator.

**Soccer Accident Insurance Policy-** It is very critical to report **all** accidents, big or small to the Safety Director. The Soccer Accident Insurance policy is a supplemental policy and has specific guidelines. We ask that you report them with the first 24 hours. Each coach has the accident reports and once completed, must be signed by the Safety Director and the Regional Commissioner. In case of an accident, call the Region's Safety Director in order to get the forms filled out. The Soccer Accident Insurance pays after claims have been filed with your primary health insurance carrier and the \$200.00 deductible has been met. Brochures will be available at registration.

**Safe Haven Training-**  AYSO, above all else, values the protection of the players and volunteers. The Safe Haven course is **mandatory** for all volunteers. This course helps to train each volunteer about child safety and also helps protect the volunteer. Any volunteer who has not completed Safe Haven will not be permitted to continue until completed. Go to the region web-site for a direct link to course.

**Coaches-** Remember to use the buddy system. An assistant coach can help with the children, but also can be a secondary source of information. We all, at times, feel the pressures of life and children can push buttons. If this happens, please take time to walk away or remove yourself from the situation. If is in no way acceptable to yell or belittle the players. The assistant can take over and help prevent potential problems.

**First Aid-** Coaches and Referees should keep a small first aid kit on hand. It is also recommended to keep something on hand to neutralize blood from cuts and wounds. (Hydrogen Peroxide works well) A player should not be allowed to return to play with any open or weeping wounds. Do not attempt to administer advanced first aid treatment unless certified to do so. Call 911. A good source for minor First Aid treatment is the Boy Scout handbook. It can also be carried in the coach's bag.

**Privacy Policies-** For AYSO Privacy Policies, please refer to [www.soccer.org](http://www.soccer.org). Click on Management, legal and then privacy.



## AYSO ESTIMATED BUDGET Region 198, Area R, Section 9

Estimated Revenues:			Amount
	11	Registration Fees	54,000.00
	12	Sponsors & Contributions	1,100.00
	13	Fund Raising Activities	950.00
	15	Interest Income	50.00
	17	AYSO Soccer Camp Receipts	
<b>Total Estimated Income:</b>			<b>56,100.00</b>
Estimated Expenditures:			
	40	Payments to AYSO	15,000.00
	42	Uniforms/Players & Official	26,200.00
	43	Soccer Equipment	1,500.00
	44	Field Expenses	1,000.00
	46	Awards and Trophies	3,500.00
	48	Travel/Telephone/Meetings/Section Meeting	3,100.00
	47	Postage, Misc. Supplies	1180.00
	49	Newsletters, Year Book, Photos	1500.00
	50	Clinics	2,400.00
	99	Savings (Reserve)	720.00
		Contingency	0.00
<b>Total Estimated Expenditures:</b>			<b>56,100.00</b>

### **Refund Policy for Region 198**

Full refunds will be given for the current 2008-2009 playing season if your child has not practiced or played games and a uniform has not been issued. The request must be made no later than October 19<sup>th</sup>, 2008.

All requests are required to be in written format. Please contact the age appropriate division coordinator for instructions on how to request a refund.

Checks are written at the Board meetings which are held the second Thursday of each month.

Checks will be mailed to the address on the player registration form unless a new address is provided.

# KID ZONE PARENT PLEDGE



Please read, initial each item, sign at the end, and return to the Coach or the appropriate AYSO volunteer.

1. I pledge to be on time or early when dropping off my child for a practice or game. I understand that it is embarrassing for my child to be late to a game or practice and that I am putting him/her at physical risk by not providing adequate time for warm up. I understand the importance of picking up my child on time for all games and practices. This shows respect for the coach, who has other time commitments, and it tells my child that he or she is my top priority. \_\_\_\_\_
2. I understand that the top three reasons kids play sports are to have fun, make new friends and learn new skills. I understand that the game is for the kids, and that I will encourage my child to have fun and keep sport in its proper perspective. I understand that athletes do their best when they are emotionally healthy, so I will be positive and supportive. \_\_\_\_\_
3. I will redefine what it is to be a "Winner" in my conversations with my child. A Winner is someone who makes maximum effort, continues to learn and improve, and does not let mistakes, or fear of making mistakes, stop them. I understand that mistakes are an inevitable part of any game and that people learn from their mistakes. I understand that all children are born with different abilities and that the true measure is not how my child compares to others but how he/she is doing in comparison to his/her best self. \_\_\_\_\_
4. I will "Honor the Game". I understand the importance of setting a good example of sportsmanship to my child. No matter what others may do, I will show respect for all involved in the game including coaches, players, opponents, opposing fans, and referees. I understand that officials, coaches and players make mistakes. If the referee makes a "questionable" call, I will continue to respect the individual and be silent! \_\_\_\_\_
5. I understand that games can be exciting times for my child who is trying to deal with the fast paced action of the game, respond to opponents, referees, teammates and listen to coaches. I will not add confusion by yelling out instructions. During the game, I will limit my comments to encouraging my child and other players for both teams. \_\_\_\_\_
6. I will not make negative comments about the game, coaches, referees or teammates in my child's presence. I understand that this plants a seed, which can negatively influence my child's motivation and overall experience. \_\_\_\_\_

I agree to honor the AYSO Parent Pledge in my words and actions.

Parent Signature \_\_\_\_\_

Print Child's Name \_\_\_\_\_

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## Vision Statement

### American Youth Soccer Organization

*The nationally recognized premier youth development organization providing quality youth soccer programs.*

## Mission Statement

American Youth Soccer Organization's mission is to develop and deliver quality youth soccer programs where everyone builds positive character through participation in a fun, family environment based on the AYSO philosophies:

**Everyone Plays  
Balanced Teams  
Open Registration  
Positive Coaching  
Good Sportsmanship**

**The core values guiding AYSO are:**

Fun for All  
Education for All  
Ethics for All  
Accessible For All

**The mission is accomplished by providing these essential services:**

Coaching and referee programs including quality delivery systems  
Quality administrative and operating systems with a support network  
Strong financial position  
Special network for volunteers, supported by a national staff  
Program research and development

**Character Counts!**

AYSO is a coalition member of the Josephson Institute of Ethics,  
And is committed to supporting the Character Counts! Program.

Its Six Pillars of Character are:

Trustworthiness  
Respect  
Responsibility  
Fairness  
Caring  
Citizenship

**Child Protection**

AYSO is committed to providing a “child safe” program,  
where children can develop in a safe, fair and fun environment.